



*Ms. Carolyn Ann Cook
Woods*

March 25, 1940 - Aug. 28, 2026

Ms. Carolyn Ann Cook Woods, 86 of Morganton, NC was born on March 25, 1940, in Lenoir, NC and died on August 28, 2026.

She was the daughter of the late Ben E. and Pearl Bowman Cook. Carolyn attended Lenoir High School and graduated in 1957. She loved the outdoors, enjoyed sitting on her porch while watching the birds and other animals that had made their way into her yard, and enjoyed working in her flower beds around the house.

Carolyn attended Zion Baptist Church until her declining health caused her not to be able to attend. At church she was an active member, helping with the meals and being part of the Nita Group.

In addition to her parents, Carolyn was preceded in death by two sisters, Miss Shirley Christine Cook and Mrs. May Frances Cook Pilcher (J.T.) and two brothers, Mr. Edward Clifton "Bud" Cook and Mr. Robert "Bob" Cook.

She is survived by her daughter, Janet Houk (Rev. Henry); two grandsons, Matthew Houk (Alisha) and Hank Houk (Carrie); four great-grandsons and one great-great-granddaughter.

The family will receive friends from 10 to 11 a.m., Wednesday, September 2, 2026, at

Sossoman Funeral Home. The funeral will be held at 11 a.m. in the Colonial Chapel of the funeral home officiated by Rev. Keith Rose and Rev. Henry Houk. Burial will be held Blue Ridge Memorial Park in Lenoir, NC.

In lieu of flowers, memorial contributions may be made to VIA Health Partners.

Sossoman Funeral Home and Crematory Center is assisting the family with the arrangements.

Tribute Wall

No tributes added yet.