



Mildred Pearl Thames

Sept. 21, 1943 - July 6, 2025

Mildred Pearl Thames, 81, of Morganton, NC, passed away Sunday, July 6, 2025.

Born in Burke County, NC on September 21, 1943, she was the daughter of the late Caldwell Eugene Self and Jennie Lorine McDaniels Self.

Mildred enjoyed drawing, coloring her drawings, and taking trips to the mountains. She loved the Lord and her family. Mrs. Thames was a simple, country lady who spoke her mind and would do anything for anyone. She was full of joy and had a contagious laugh.

Those left to cherish her memory include her son, Robert Thames and wife, Lisa; grandchildren, Michael Denton and Jennie Shepard; great-grandchildren, Christopher Thames, Chassity Hitchcock, and Juniper Robinson-Denton; brother, Edward Self, Sr.; sister, Patsy Self; and numerous nieces and nephews.

In addition to her parents, Mildred was preceded in death by her husband, Ben Oliver Thames, Jr.; brothers, Ben Junior Self and James William Self; and a sister, Mary Ellen Self Marcus.

The family will receive friends from 11 a.m. to 12 p.m., Thursday, July 10, 2025 at Sossoman Funeral Home. The funeral will follow at noon in the Colonial Chapel of the funeral home with Rev. Dr. Bradley Johnson officiating. Burial will follow at Pleasant Ridge Baptist Church Cemetery.

Sossoman Funeral Home and Crematory Center is assisting the family with the arrangements.

Tribute Wall

Mrs . Mildred I was honored to have a wonderful friend like you. I sure will miss coming to visit you, and hearing you laugh. You will always hold a special place in my heart . Praying all the family, and friends.

—Glory Prevatte



Mildred you will be missed and thought of often. You were a bright light that lit up any room. Just your presence in the room made everything light and happy. It will be so quiet without your beautiful voice and your contagious laugh. I am pleased the lord took you peacefully in your sleep to take you home. Watch over us lord knows we need all the help we can get! Love you always and forever. Cassie

—Cassie

I met Mildred many years ago,before she married my cousin Junior. I was honored to attend their wedding. She was one of the sweetest Christian ladies you would ever have the pleasure of meeting. Thoughts and prayers for Robert Thames family and The Self family

—Terri Hardy Evans

It has been a privilege to have walked this earth amongst such a genuine, true hearted soul as my neighbor and friend. Mrs Mildred you will stay forever close

to my heart.

—Robert Hazlett

A great friend and loving mother. You will be missed. I will miss hearing your laughter at family gatherings. Rest in peace my lady.

—Karl McCurdy