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Melba Hughes Carroll

Dec. 6, 1939 - Sept. 7, 2025

On the evening of September 7, 2025, the matriarch and glue of our family, Melba Hughes Carroll, gracefully and peacefully laid aside her burden and surrendered into the hand of God. She put up a valiant two-week fight, but as recovery lost ground, her will to be free overcame her weakened body's attempts to survive.

Melba was born on Spruce Pine, NC to George Dewey Hughes and Flossie Woody Hughes. The youngest of the four surviving children. The firstborn, a sister, had died as an infant. Melba met Fred Carroll from Celo, NC as a teenager and they were married in December 1954. They moved, with two small children, to Burke County in 1961. Together, they worked to successfully raise and provide for four children.

Melba had several occupations through the years and made lifelong friends at each endeavor, most notably during her years with Alba-Waldensian. Her skills in the kitchen were legendary, just ask the children and grandchildren. Her biscuits, renowned. She was also thoughtful in her care for others. She loved to keep in touch by phone and always had greeting cards at hand, rarely letting an occasion pass to address and mail to those needing encouragement, praise, or sympathy. Until her mobility began to restrict her, she would happily do the visiting in person. She loved her coffee, a good game of Rook, and bluegrass music. She recently stated that

music and dancing had been "A great part of mine and Fred's marriage". Her community on Rora Avenue will feel her absence with much sadness. She was a familiar presence and respite in her front porch rocker. Not necessarily known for mincing words, but those who knew her best often took it as it came and would say

"That's just Melba". Another seat has been prepared and promised to 'Just Melba' in a place where 'weather permitting' no longer limits her joy.

In addition to her parents, Melba is preceded in death by an infant sister, Hattie Hughes; brother and sister-in-law, Goldman and Ollie Hughes; sister and brother-in-law, Bertie and Roy Cook; and daughter-in-law, Linda Carroll.

Those remaining to honor her memory and grieve her loss are her husband, Fred Carroll of the home; children, Steve Carroll (Carol), Nancy Pritchard (Gary), Sylvia Phillips (Jeff), and Freddie Carroll (Katrina); grandchildren, Crystal Williams (Eddie), Amanda Pritchard, Heather Price (Trae), Heath Carroll, Corey Carroll (Trisha), Kayla Carroll, Tyler Phillips (Leanne), Mary Carroll (Matt), and Kat DeProfio (Ray). She is also great-grandmother to Gracie Carroll, Brooke and Jenna Coffey, Will and Tucker Price, Eleanor, Adeline, and Atlas Crump, and Emily and Sammy Carroll; and brother and sister-in-law, Garfield and Ruth Hughes. Also surviving are numerous nephews and nieces.

The family will receive friends from 1 to 2 p.m., Sunday, September 14, 2025 at Sossoman Funeral Home. The funeral service will begin at 2 p.m. in the Colonial Chapel of the funeral home with Rev. David Freeman officiating. Burial will follow at Fairview Baptist Church in Spruce Pine, NC.

Sossoman Funeral Home and Crematory Center is assisting the family with the arrangements.

Tribute Wall

-Bruce Carpenter

I will truly miss sitting in the rocking chairs watching all the starling gather to sing together a deference hour, they'd fly to there nest unit tomorrow and come again Love and miss you

-Pam Humphrey

-Peggy Silver

I'm so sorry for your loss. Miss Melba was a dear friend. I'm so blessed to have had her in my life. My prayers for her family.

-Diane Taylor



Love you Maw! I'm sure the roses in Heaven are more beautiful than I can imagine!

-Heather Price