



*Karen Lynn Penland*

**March 31, 1978 - Feb. 1, 2025**

Karen Lynn Penland, 46, of Morganton, NC passed away on February 1st 2025.

She was born on March 31st, 1978 in Cascade County, Montana. Karen was one of the most compassionate people you could have met. She loved with all her heart and never met a stranger. She enjoyed sunsets, nature, traveling, shopping, and she was always looking for ways to help the people around her. The most important thing in Karen's life was her family. She was a loving, caring, and supportive cornerstone for her family. She was a model for what a mom, mimi, aunt, wife and friend should be. She was always there for her family in every way that she could be. She had friends that became her family and their loving bond was strong. Karen was an amazing nurse with a work ethic that was unmatched. She had come to find a second family with her coworkers at Broughton Hospital where she served for 23 years. Karen was a golden soul with an admirable appreciation for the mundane.

She was preceded in death by her son, Trevor Dale; mother, Carol Benfield; father-in-law, Ken Penland; sister Cathy Browning; brother Robert Lea; and brother George Lea.

She is survived by her husband Jeremy Penland; son Justin Dale (Cassidy); son Matt Dale; daughter Emma Penland; granddaughters Kallie Dale, Oakley Dale, Memphis Dale, and Leighton Dale; grandson Jaxson Dale; sisters Charlene Barber (Mike), Diane

Newsome (Billy); brothers Jimmy Hensley Jr., Kevin Hensley; and many nieces, nephews, and extended family members.

The family will receive friends from 2:30 to 4 p.m., Saturday, February 8, 2025 at Sossoman Funeral Home. The memorial service will follow in the Colonial Chapel of the funeral home with Rev. Keith Burkhart officiating.

Sossoman Funeral Home and Crematory Center is assisting the family with the arrangements.

# Tribute Wall



My prayers and love go out to the family of Karen she was a wonderful lady a mom wife and grandmother to all she will be missed but she will be in everyone's heart forever. RIP Karen !!!!!

—Randy Owens



I'm so sorry for your loss...my condolences to your family...

—Jennifer Robinson

To the family you are in my thoughts and prayers. Karen was a beautiful person inside and out.

—Pam McKee Winters



Sending my Condolences to the Family. You will be greatly missed. You was a Heaven Sent Angel to many people. Gone but Never Forgotten. R.I.H

—Angela Robertson



Praying for the family during this must difficult time

—Lisa Greene



Our thoughts and prayers are with the family. Karen was a good friend and will be terribly missed . She has made a lasting impression on us . May she find her peace and may the family find comfort from family and friends.

—Longstreet Family



Thoughts & prayers are surrounding the Dale / Penland families & friends.

—Amelia Fox



I love you mama k , your always treat me like your kid at heart , I love you Karen I'll miss you forever and I'm glad your resting at peace and not worrying about anything

—Macie



Praying for the family.

—Vicki Coffey



To the family of Karen Penland. You are all in my thoughts and prayers. I got the honor to work with Karen a couple

years ago. She was very compassionate and she did her job



—Rebecca Tyree



—Brooke Woody



I am still at a loss for words over this beautiful, strong woman! May you have the peace you needed.

—Janice



—CC



You was an amazing person, an amazing nurse and all around amazing! You will truly be missed! You was such a a strong and amazing woman! You went through so much and still pushed forward trying to break through everything. There aren't many ppl in this world who could have made it through everything that you had to go through. I admire how you still was kind to the people you supervised at work. Such as myself. Anytime we worked together, you was always considerate, professional and always listened when I talked about my personal issues then. At the time I had no idea you had been through and even though you had your own worries, you still took the time to listen to mine. You always gave sound advice and never judged. Ty for crossing my life path and showing me that there are people as compassionate as you and understanding as you. Ty for always being you. We all love you and miss you. I'm praying you find the peace you so justly deserve. My condolences to the family and friends left behind.

—Joseph Smith



—Lori Meadows



I had the privilege and honor to work with Karen some at Broughton Hospital. She was a very caring and compassionate person. She never met a stranger. Praying that God will comfort and give peace to all of her family and friends. Julia Johnson

—Julia Johnson



To the family of Karen Penland, you all are in my prayers and thoughts. She was a such a sweet person to work with.



Karen Riley

—Karen M Riley



My prayers are with you all. April Griffith

—April Griffith

Such a beautiful and loving lady! Rest in peace my beautiful friend!

—Angela Sanford



Heartfelt condolences to Karen's family and friends. I worked with Karen as a nurse. She gave excellent, caring reports on her patients, provided great patient care and was always kind to me. I really liked her personally as well. She will be missed.

—Linda Beam



Prayers for the family for healing and peace. May God hold you up during this time.

—Kelly King





So sorry for your loss. Prayers for your family.

—Paula Ellis



My condolences to all her family and close friends for your loss.

—Vanessa Clontz



She was a very loving person and is going to be missed dearly... Praying for the Family and Friends

—Barbara Howard



I did not know her personally, but I have heard so many great things about her and I want to say how sorry I am for your loss. And even though I did not know her I still feel a connection and the loss of a beautiful soul. Sending prayers for everyone.

—Tracey Bridges

—Macie





—Autumn Laws



Our prayers are with you and your family.

—Scotty and Tammy Chapman



She will truly be missed by all that knew and loved her.  
Keeping everyone in our prayers!

—Bruce and Regina Ledford

Karen was like my child. As we worked side by side I witnessed her excellent nursing skills but more importantly her love and care for those in her charge. She shared her love for her family. She was one of a kind. The world is a bit colder with her gone. She was loved by all.

—Linda Schachtschneider



God bless you and rest in peace sweet lady.

—David Buchanan

Jeremy and family, we're so sorry for the loss of your wife Karen. I pray for Gods comforting presence for you all.



Jeremy you have always been like one of my sons. With love and prayers for you all Love Mike and Danita Belas



To all the family, Sorry to hear about the loss of Karen. My prayer's go out to all of you including Pat and my Cousin Jerome. From: Rachel Causby Morgan

—Rachel Causby Morgan



—Carolyn Detter Lawrence