



John Henry Seitz, Jr.

Oct. 24, 1946 - Oct. 25, 2025

John Henry Seitz, Jr., 79, of Morganton, NC, passed away Saturday, October 25, 2025.

Born in Burke County, NC on October 24, 1946, he was the son of the late John Henry Seitz, Sr. and Ann Dale Seitz.

John was a US Army veteran of the Vietnam War and member of Zion Memorial United Methodist Church. He was an avid hunter and fisherman, a huge Tarheel fan, and a tenacious card player. John was a loving and devoted husband, father, and pawpaw.

Those left to cherish his memory include his wife of 58 years, Lynne Tolbert Seitz; daughter, Kara Harrison; grandchildren, Heather C. Everhardt (Austin), Will Copeland, and Kirsten Harrison (Haden); and sisters, Maxine Propst (Jerry) and Margaret Seitz.

In addition to his parents, he was preceded in death by a daughter, Melissa S. Copeland.

The family will receive friends from 1 to 3 p.m., Saturday, November 1, 2025 at Zion Memorial United Methodist Church. The funeral will be held at 3 p.m. in the church with Rev. Allen Boliek officiating. Burial will follow in the church cemetery with military honors provided by the NC National Guard.

Sossoman Funeral Home and Crematory Center is assisting the family with the arrangements.

Tribute Wall

Dear Lynne and family, I just read about Henry's passing. I will always remember his sweet personality and sly sense of humor. I know you will miss him and I will too. Our next reunion may have to be on the other side... Scott Cutting

—Scott Cutting



Prayers for your family. He was a wonderful man. I always enjoyed seeing him at the hunting club.

—Tammy and Scotty Chapman

Lynne, so very sorry for your loss.

—Jim Belote

Dear Lynne, so sorry to have to read this. I'm sure you are going miss John, he was a good person. Haven't seen you guys in a few years but often thought of you both. My thoughts will be for you in the days to come to have comfort and that John is resting in peace

—Don Smith



My deepest condolences to all of the family, I worked with
for many years and I will miss him.



him at Western Youth he was a good man, friendly to everyone! Yall are in my thoughts and prayers in this time.

—Elizabeth Kelley

Lynn so sorry to hear of Henry's passing , you and the family are in my prayers.

—Sandy Stiles



Worked with Mr. Seitz at WYI. His family are in my thoughts and prayers.

—LaShanda Hamilton



John was a great and funny guy. It was a pleasure to work with him at WYI. Prayers for the family.

—Alena Carson

—Laura McCoy

Condolences to the family. John was a fine person and will be missed.

—Jack and Bobbie Cox



Lynn, I am so sorry to hear of Johns passing. He now rest with Melissa in heaven above. I know you will miss him but just know he is always with you by a your side Love n prayers my friend.

—Roger Austin Hart



I am so sorry to hear this. There is never a way to prepare for losing a loved one or parent. I pray for comfort and peace for you Kara and your precious mother during this difficult time.

—Chana



—Mandy Mitchem Miller

I loved you so much! Always so caring for your family. I hate you had to suffer with dementia. I know that you are now in Heaven with your daughter. You will be so missed by all of us. Holidays will not be the same without you. Rest in peace John. Loving all the wonderful memories we had through the years.

—Patricia T Barrier



I can still hear you pulling in the bank and making sure you blew the horn. I would laugh so hard. Such a wonderful man and always made sure to come talk to me. Take your rest and prayers for everyone left behind. LeAnn Petree

—LeAnn Petree



We are so sorry for your loss. We enjoyed being neighbors with John and Lynn for many years.

—Jacque Garner

I was close friend with John. I also got John to come speak to my history classes about his experiences during the Vietnam War. The moving and straight talk he gave about his experience was always a highlight for the year. It wasn't until years after that his wife showed me all the medals John was given. Medals he never mentioned in his presentation. A real friend and hero has passed and will be missed. Thank you John. Denny Young

—Denny Young



Lynne, so sorry to hear about John. Keeping you, Kara and the rest of the family in my thoughts and prayers.

—Patsy Simpson

I'm so very sorry for your loss. My thoughts and prayers are with you all. Sending love and hugs.

—Dawn McCombs



He was a darling man, who is haunted no more. He now stands in the glory of the father. I know he is missed, but it is not farewell, only see you later.

—Juliet Benton Propst



I have a lot of great memories of my Uncle John growing up. From going squirrel hunting when I was a kid to trout fishing in the mountains with him and my Grandfather. So many things I could share. A lifetime of family gatherings and great memories. Rest in Peace Uncle John. God Bless

you. Love you Todd Propst

—Todd Propst