



James "Trey" Conley Mitchell III

Nov. 20, 1975 - Jan. 17, 2026

James "Trey" Conley Mitchell III, passed away Saturday, January 17, 2026, at his home in Saxapahaw, NC. He was 50 years old and had been battling health issues for the past few years.

Born in Morganton, NC on November 20, 1975, he was the son of James Conley Mitchell Jr. and the late Rebecca Pitts Mitchell. After moving to Jamestown, Trey was a graduate of Ragsdale High School and worked at Jamestown Park Golf Course for many years. Having a passion for landscaping, he opened his own landscape business.

Trey was an avid golfer and through golf, Trey made many great friends and created memories that he enjoyed sharing throughout the years. As much as Trey loved golf, he loved being on the lake in his boat, with his family even more. Texting and calling for plans to go to the lake would start early in the week, talking the kids into taking off work to enjoy a day on the lake.

Even off the lake, Trey centered his life around family. He loved visiting with his dad on almost a daily basis, talking about football, golf, or various other topics, being a constant friend and supporter of his sister, and sitting by the fireplace with his father-in-law.

Trey, survived by his wife, Ashley, enjoyed many years together. From the trips and adventures to the quiet moments in the evenings, they truly enjoyed each other's company. Trey was the dad that stepped up to become the best dad to Grayson, Alayna and Aubrey. Teaching them how to drive, ski, and how to bypass mom and go to him when they needed money, he admitted he could never say no to his kids. From midnight runs with Grayson or plotting with the girls to run to get snacks and take-out at all hours of the night, he definitely had partners in crime. Trey was also so proud to be Big Daddy to his grandson, Adonis. He loved watching him grow up and so looked forward to having a little side kick when he got a little older.

Trey is survived by his wife, Ashley Mitchell; children, Grayson Morris, Alayna Morris (Reign) and Aubrey Whitesell; grandson, Adonis; father, James Conley Mitchell Jr.; sister, Jenny Mitchell Vestal; father-in-law, Terry Johnson; sister-in-laws, Kim Lynds (Mike), Jaime Moyer (Keith); nephews, Spencer Vestal (Gabe), Shawn Moyer; nieces, Gracie Vestal, Samantha, Savannah, and Sabrina Lynds.

Trey will lie in state from 12pm until 4pm, Thursday, January 22, 2026 and from 9am until 11am, Friday, January 23, 2026 at Sossoman Funeral Home.

Services will be held on Friday, January 23, 2026 with the burial service being held at Burke Memorial Park at 12pm and the funeral will be held at First Baptist Church of Morganton at 1pm.

In lieu of flowers, memorial contributions may be made to the [PKD Foundation](#).

Sossoman Funeral Home and Crematory Center is assisting the family with the arrangements.

Tribute Wall

So sorry for your loss, Jimmy. Godspeed!!

—Jim Belote

Jimmy, Oh my goodness! I am so sorry to hear this. Such a young life taken too soon. Sounds like he was the Best Dad ever. You should be proud. The grandson who wore blue jeans to dinner At Conley house. You told me the story. Again I am so saddened by this. Peace to you and your family! Cindy Ross

—Cindy Ross



—Ali Carvalho



Trey was a very good friend to me. We grew up together playing golf at Ragsdale. He was on our 1992 3A State Championship and 1993 runner up team along with Brooks Turner, Chris Roney, Bill Harvey Jr. and Rich Vanstory. I always said that he had the potential to be one of the areas best golfers. Trey, old buddy, you will be missed. I wish we had spent more time together after high school. My condolences to the family during this difficult time. Dick it

condolences to the family during this difficult time. Pick it up Trey, that putt is good old friend. Until we meet again...

—Chad Randall

I will never forget the good times we had playing golf together on the weekends - Trey was such a good friend and will be missed. Rick Reagan

—Rick Reagan

I had the privilege of working with Rebecca at Glen Alpine Elementary School and having Trey as a student in first grade. He was a kind, funny, mischievous boy and his mother was a wonderful co worker teacher. I am heartbroken to know that Trey died and so glad to know he leaves a legacy of kindness and enjoying life for his children and grandchild. My condolences to the family. Judy Farris

—Judy Farris



Condolences to Ashley and family prayers for you all in this time and coming weeks. Always liked talking to Trey at Eli's

—Steve Miller



I met Trey when I started working at Eli's Kitchen. Him, Ashley and Terry were 3 of my favorite customers. I will definitely miss seeing him peek his head around the corner to say Hey with that big ol smile. We are all praying for you Ashley!!! Rest in peace Trey you are definitely one that will never be forgotten by many of us.

—Ashley Deese

Trey was always a valued member of the Jamestown Park family with his HUGE smile, his swagger and his infectious sense of humor. Players and staff could

always count on Trey to challenge them to a great round of golf, filled with 'jabs' and joviality. He was truly the BEST of the best. Michael Hutcheon PGA Head Golf Professional Jamestown Park (1992-2015)

—Michael Hutcheon

Prayers up I will miss your smiling face and our talks

—Lisa W Webster



Sending my deepest Condolences to Ashley & Family. Trey was a great man & he loved his Family. Prayers for you all . We love yall

—Tonya Torain

I am so sorry for his great family. Trey was really a special person who made an impression on me with his golfing abilities and his humble manner. I will miss him!

—Jim kelly



To say Trey left a lasting impression is an understatement. I can't think of many encounters where he wasn't smiling or making a joke even when he wasn't feeling his best. From the first day we met he said I would have my work cut out for me. He looked so great the last time I saw him. Trey was always so kind and I won't ever forget him or you Ashley. You have my sincerest condolences and feel free you reach out if there is anything you need.

—Candace McFail



My condolences to the Mitchell family. I never got the chance to meet Trey, but I will continue praying for his family. Hugs from FL Ms.Mitchell

—Genoveva Martinez

So sorry to the family for your loss, especially Ashley who I have known since high school. I only met Trey a few times but he was always friendly and in good spirits despite his health struggles. I know he will be greatly missed. My heart goes out to you all.

—Brian Coker



Jimmy, My thoughts and prayers are with you and all of the family.

—Libby Linker

We know this is a very difficult time for you but wish you many smiles as you reflect on the memories of family and friends . Trey knew how to enjoy the people he loved and it showed on his face when he talked about them. This is just a little something I memorized many years ago but I can not take credit for writing it: "Nothing can bring back splendor in the grass , glory in the flower, grieve not rather find strength in what remains behind" Love to all ! The Rickers

—Mike and Carole Ricker

I was saddened to hear the news about Trey. I met him at Mimosa Hills during the spring/summer of 1991 and would see him occasionally at the club when he came to town. He was always fun to be around. I went twenty years or so without seeing him and when we ran into each other at Jamestown Golf Club a few years ago he was just like old times. Wishing peace and comfort for his family.

—Cale Johnson