



Frank Elmore Ballew

Sept. 5, 1979 - Feb. 17, 2026

Frank Elmore Ballew, 46, of Morganton, NC, passed away Tuesday, February 17, 2026.

Born in Burke County, NC on September 5, 1979, he was the son of Fred Richard Ballew and the late Shirley Oakley Ballew.

Frank enjoyed playing video games, puzzles, and cooking. He worked for a few years at J. Iverson Riddle Developmental Center.

In addition to his father, Frank is survived by his daughter, Katie Gwaltney Mourglea.

The family will receive friends from 10 to 11 a.m., Saturday, March 7, 2026 at Sossoman Funeral Home. A celebration of Frank's life will follow at 11 a.m. in the Colonial Chapel of the funeral home with Rev. Dr. Bradley Johnson officiating.

Sossoman Funeral Home and Crematory Center is assisting the family with the arrangements.

Tribute Wall



My deepest condolences to you and your family. - Carla Cannon

–Carla Cannon

Frank it don't seem real man gone far to soon But at least now there will be no more pain and suffering see you again someday love ya man

–Ron Moorefield



The server won't be the same without you. Good-night, sweet prince; And flights of angels sing thee to thy rest.

–RadLuke



Sorry ur lost one

–Jerry Phillips





–Beverly Brown (Arrowood)



My deepest condolences . We miss Frank. He is happy going to see his mom and grandparents and Oakley's family. Blessed him and his daughter. We are praying for your family. Take care Hugs.

–Patricia Oakley