



Elizabeth Pauline

“Polly” Benfield

Oct. 1, 1940 - June 25, 2026

Elizabeth Pauline “Polly” Benfield, 85, of Morganton, NC, peacefully passed away at home surrounded by her loved ones and caregivers on Thursday, June 25, 2026.

Born in Avery County, NC on October 1, 1940, she was the daughter of the late Bruce Piercy and Faye Piercy Shook McKinney.

A beloved mother, grandmother, and friend, Polly was known for her kindness, wisdom, and unwavering support to all who knew her. She worked for over 30 years at UNC Health Blue Ridge and Valdese.

Those left to cherish her memory include her daughter, Kathy Cook; grandchildren, Stacy Cook, Savana Harwood, and Kayla Harwood Bingham and her husband, Dustin; and great-granddaughter, McKenzie Norville.

In addition to her parents, Polly was preceded in death by her husband, Richard Benfield; son, Bruce Benfield; daughter, Donna Morgan; grandson, Garrett Cook; brothers, Randy McKinney and Donald McKinney; and sisters, Carol Daniels, Janice McKinney, and Jackie Piercy.

The family will receive friends from 1 to 2 p.m., Sunday, June 28, 2026 at Sossoman Funeral Home.

Memorial contributions may be made to the Alzheimer's Association (alz.org).

Sossoman Funeral Home is assisting the family with the arrangements.

Tribute Wall

No tributes added yet.