



*Charles Andrew Helton*

**Feb. 10, 1968 - April 8, 2025**

Charles Andrew Helton, 57, of Morganton, NC, passed away Tuesday, April 8, 2025.

Born in Burke County, NC on February 10, 1968, he was the son of the late Millard Helton and Joe Ann Berry Helton.

Charles served in the US Navy as a special amphibious reconnaissance corpsman. He enjoyed fishing, traveling, and all kinds of music, and he deeply cared for his beloved family.

Those left to cherish his memory include his wife, Leah Cook; daughter, Andrea Metcalf; grandson, Jackson Metcalf; step-children, Frances Howell (James) and Timothy Bryant, Jr. (Daniella); step-grandchildren, Xander, Braylon, Leticia, and Nivea; brother, Mickey Cook (Joyce); cousins, George Featherbay and Jeremy Abee; and good friend, Rob Fleming.

In addition to his parents, Charles was preceded in death by a sister, Shelia Cook.

The family will receive friends from 1 to 2 p.m., Wednesday, April 16, 2025 at Sossoman Funeral Home. The memorial service will be held at 2 p.m. in the Colonial Chapel of the funeral home and the graveside service will follow at Forest Hill Cemetery.

Sossoman Funeral Home and Crematory Center is assisting the family with the arrangements.

Visitation

April 16, 2025

1 p.m. - 2 p.m.

Sossoman Funeral Home and Crematory Center

Service

April 16, 2025

Sossoman Funeral Home and Crematory Center

Committal

April 16, 2025

Forest Hill Cemetery

# Tribute Wall



I am so sorry to hear of Charles's passing. He grew up just a few doors down from my grandparents so I saw him all the time growing up. He was always such a nice guy. My condolences to all of his family and friends. My prayers are with you all.

—Lynn Seawell

Leah I am so sorry for your loss and will be praying for you now and in the days to come

—Lisa Cook Crowder

Charles's mother JoAnn was my sister. I am so sorry to hear about Charles's passing. He was good man and will be deeply missed by his family and friends. Sending thoughts and prayers to the entire family especially Mickey and George.

Anita Berry Barbee

—ANITA B BARBEE

So sorry for your loss . May he rest in peace . Prayers for you Micky and his family. love Mary and Dan Haney. Barbara Cook

—Mary Haney





You were great friend growing up and shared a lot of laughs together. You will never be forgotten.. rest in peace my life long friend until we see each other again.

—Angela Wilson

Loved you dearly, Charles. Thank you for your kindness to my sister, your wife, Leah. RIP. Debbie

—Debbie Cook Nickels

We were so sorry to hear of Charles passing. Praying for God's comfort for you all. He was a good soul that brought us many laughs & happy memories. RIP Charles.

—Kandi, Daniel & Koda Peyton

So sorry for your loss. He will be missed.

—Chris Poteet

Charles was a good friend to us he will be missed praying for his family

—Johnny @Nancy Piercy

I will miss you dad and I love you and Jackson love you we will miss you so much R.I.P dad

—Andrea Metcalf

So sorry for your loss prayers for the family

—Amy Evans Friedenber