



Frances Cook Goodman

Nov. 6, 1944 - Jan. 28, 2024

Frances Cook Goodman, 79, of Connelly Springs, NC, passed away unexpectedly on Sunday, January 28, 2024 and went home to be with the Lord.

Born in Burke County, NC on November 6, 1944, she was the daughter of the late Sylvanis Cook and Hattie Pearl Huffman Cook

Frances was a lifelong member of Walkers Chapel Baptist Church. She loved to work in her flowers, but she especially enjoyed spending time with her family.

A devoted wife, mother, and grandmother, Frances is survived by her husband, Grady Goodman; children, Michelle Cook Owens (Russell) and Michael Cook; grandchildren, Austin Owens (Raegan), Mark Owens, Adam Owens (Justine), Cassie Cook, and Allie Cook; great-grandchildren, Brycen Owens, Coralynn Owens, and Kaycen Owens; sister, Louise Clark; and a number of nieces, nephews, and extended family.

In addition to her parents, Frances was preceded in death by a brother, Lee Cook.

The family will receive friends from 1 to 2 p.m., Thursday, February 1, 2024 at Walkers Chapel Baptist Church. The funeral will be held at 2 p.m. in the church with Rev. Danny McNeely officiating. Burial will follow in the church cemetery.

Sossoman Funeral Home and Crematory Center is assisting the family with the arrangements.

Tribute Wall



Michelle im so sorry for the loss of your mom.Keeping you
and your family in my prayers

–Dawn klie



–Daughter



prayers and hugs for all will miss this sweet lady

–Brenda Huffman



–Anonymous

You will always be loved and missed , papaw is really missing you



Grady, Michelle, Michael, Louise and all the Grandchildren: I am so sorry to hear of Juanita's passing. She was so sweet and pleasant. I enjoyed seeing her at church, at the office, or wherever.. She was a very hard worker and Jack really thought a lot of her, too. I know you will all miss her, dearly, and I am praying for your peace and strength in the days ahead. With love and sympathy, Guinn Huffman

—Guinn Huffman



—Roy and nissy

All my prayers are with the family Juanita was a wonderful person always friendly and loving to everyone. When ever she would see you she would always say hello and ask how you and your family was doing. She will be greatly missed.

—Christie Hicks



Grady I'm so sorry. She was a good woman. I will be praying for God to help you thru the days ahead.

—Becky Chapman pendley

